**Helpful reading for teenage and young adult siblings**

**of patients with eating disorders**

*One Spoonful at a Time*

The New York Times

November 26, 2006

By Harriet Brown

*Attack on Anorexia: Maudsley Treatment Puts Parents in Charge*

The Miami Herald

August 17, 2010

By Laura Stampler

*Family-Based Therapy: An Eating-Disorder Treatment That Works*

US News and World Reports

October 4, 2010

By Hanna Dubansky

*Fighting Anorexia: No One to Blame*

Newsweek Magazine

December 4, 2005

By Peg Tyre

*A Diagnosis for One, But an Impact Shared*

The New York Times

March 6, 2007

By Harriet Brown

*Family Ties Helping Teenagers Rise Above Anorexia*

The Age

January 22, 2012

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